

APRIL - JUNE 2020 | VOLUME 2

# Keep Girls Safe

PROJECT OF ADRA THAILAND



Annual Family Visit

#StaySafeStayHome

Training Classes

It's that time of a year when we head to the communities and visit the girls' families. This year also brings new challenges of life where we all need to learn what they call

"New Normal with COVID-19"

## Annual Family Visit

Keep Girls Safe Project aims to encourage the girls to build self-esteem, become leaders and develop the ability to help and guide other people in the community. During the school break, the girls had an opportunity to spend time with their families. Before going home, they were taught on how to protect themselves from the corona virus (COVID-19). Through the annual family visit, the girls had a great time with their family. The visiting KGS girl's family by staff is a part of the project assessment where we carefully consider factors such as parent's vocation, habitat, security (environment), family financial status, and their engagement with the project's objectives.



### "I want my daughter to be successful in education," said mom.

The mother of one of the girls proudly said to us during the annual KGS girl's family visit. "From the support of KGS project, my daughter is now studying at the good school. I'm so proud of my daughter and I want her to continue the study for her good future."

Education is key to a better opportunity in life. Keep Girls Safe project is under the implementation of ADRA Thailand that endeavors to promote and support all of these vulnerable girls to go to school as we strongly believe that education can change their life!!

### "I entrusted KGS to protect and take care of my daughter," said mom.

A mother of the girls cheerfully said during a conversation. She further mentioned that she is very proud of her daughter who is now at school under the care of KGS. She is grateful for the care and safe living environment provided by the project.

KGS has been supporting this girl for over three years. Now she is studying in Grade 9.

This has been made possible by your generous donations and support to Keep Girls Safe Project.





"I appreciate that KGS is supporting my niece with a safe shelter and education. She will have a good job in the future, not like me as a low wages laborer" Said Auntie of the girl.



Your contribution can make a big difference in the life of an underprivileged girl. Let's do our part to support them.

## #StaySafeStayHome









After a month of living with the family, all girls returned to the shelter to enable them to comply with the government requirements for online study due to the COVID-19 pandemic. From the moment they arrived, they were educated about the COVID-19 and asked to follow all regulations and procedures as it relates to: traveling, temperature check, wearing a mask, and observing social distancing. These procedures are also applied to the shelter staff and visitors to the shelter.



#### **KGS GARDENING**

It's time for growing greens!!

Thanks to the rain and organic fertilizer, KGS sprouts grow healthy in the garden. During this rainy season, the girls planted more vegetables such as corn, pumpkin, zucchini, lemon-grass, long beans, bitter melon, morning glory, etc.

During the lockdown, all the girls stayed at the shelter. This allowed for much needed improvements to be made. During this time, the girls have grown and understand the importance of taking care of themselves









#### **SWEET TIME**

Besides gardening and cooking, the girls have taken up baking and making dessert too! They baked the yummy young coconut cake and creamy Thai sweet called Bua Loi, made from sticky rice balls in coconut milk. They have done pretty well for their first time!

"Girls love to bake"

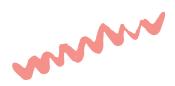
# Training Classes



#### **OUR CAMPAIGN!!**

Through training provided by ECPAT Foundation Thailand, the girls are determined to design and create a PR campaign about awareness of using online media while staying home and encourage to do other activities due to the lockdown.





#### LISTEN BY HEART

KGS girls participated in the "Listen by Heart" training supported by the Thai Health Promotion Foundation. They learned how to be a good listener and speaker. This training helped them to be open-minded and pay attention when someone tells the story. They have to listen by heart so they will understand what the main purpose of that story is.



#### **SELF-LEARNING**

This self-learning activity was conducted for strengthening and empowering shelter girls to pull out their ability, self-values, self-esteem with confidence and pride.



#### **BE YOUR BEST!!**

This training was organized by Ms. Catherine Hanson-Friend (KGS volunteer). The objective of this training is about how is to conquer fear through an exercise called, "Be Strong; Be Brave; Be Smart; Be Kind" exercise. They also learned how to work with life challenges through coping skills; identifying goals, and taking smaller steps to deal with obstacles through setting goal tools, including how to deal with stress and negative feelings in life. The training increased the girls' confidence and life skills which encourage them to live happily in society. Thank you Ms. Catherine Hanson-Friend for your dedication to Keep Girls Safe project.



#### PRACTICE MAKES PERFECT!!

KGS girls attended the handicraft class with Ms. Sritorn Tawichai at Chantra Thak-Thor embroidery learning center in Chiang Rai province. This time they learned how to crochet and decorate sandals. The girls were very excited about this outside shelter's class. Thank you Ms. Sritorn for teaching our girls.







If you'd like to see more items and support by buying our girls' handmade products, please visit and leave your message at

SCAN ME



# Be part of our activity









Two years ago KGS girls had a chance to experience a field trip to the beach. Part of the learning experience and exposure to the real world outside of KGS and school. The project would like to urge our donors to support our girls on a five-day trip to see and experience the beach and gain new knowledge about technology, environment, etc. For some of them this would be the first time in their lives seeing the beach. We are planning for a trip in October 2020. Our staff and girls are starting to raise funds from July onwards. We are aiming for 175,000 THB.

### For more information on how you can support us, contact

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<sup>66</sup>All stories motivate us to continue our work for the well-being of these vulnerable girls<sup>79</sup>

You are the girls' HER